
Time Blindness Quiz

Time Blindness can significantly impact productivity, especially for entrepreneurs, small business owners, and influencers.

This quiz will help you discover if you are prone to Time Blindness and offer strategies to help you manage your time better.

1 I often lose track of time when working on tasks.

- 1 - Disagree
- 3 - Neutral
- 5 - Agree

2 It's hard to keep to a consistent schedule

- 1 - Disagree
- 3 - Neutral
- 5 - Agree

3 I have a hard time organizing tasks by priority

- 1 - Disagree
- 3 - Neutral
- 5 - Agree

4 If I feel like I'm losing time, I become anxious and impulsive

- 1 - Disagree
- 3 - Neutral
- 5 - Agree

5 When does fall start in the northern hemisphere?

- a) In September
- b) In March
- c) In June

6 I often struggle to gauge how long a task will take.

- 1 - Disagree
- 3 - Neutral
- 5 - Agree

7 If you ask me how long a task took, I can't always remember accurately

- 1 - Disagree
- 3 - Neutral
- 5 - Agree

8 I sometimes procrastinate on tasks regardless of how long they take

- 1 - Disagree
- 3 - Neutral
- 5 - Agree

9 I get stuck in "waiting mode" when anticipating events hours away

- 1 - Disagree
- 3 - Neutral
- 5 - Agree

10 When does fall start in the southern hemisphere?

- a) In September
- b) In March
- c) In June



Results Interpretation

How much do you know about fall?
Read and choose the correct options and find out!

Low Score (8-16)

You have a low likelihood of Time Blindness.
Maintain your good time management practices
and continue to seek out ways to improve.
Keep up the great work!

Moderate Score (17-24)

You show some tendencies towards Time Blindness.
Implement specific strategies to overcome these
habits and enhance your productivity.
Consider using task management tools
and setting clear priorities.

High Score (25-40)

You have a strong likelihood of Time Blindness.
It's crucial to adopt comprehensive time management techniques.
Seeking professional guidance, such as hiring a virtual assistant,
may be highly beneficial.

Discover our ebook, "Pathological Demand Avoidance & Entrepreneurship: A Guide for Neurodivergent Small Business Owners," for insights on managing Time Blindness.

Filled with practical tips, it offers valuable strategies for entrepreneurs and small business owners to overcome time-related challenges and boost productivity.

Enhance your time management and take your business to the next level!

